

18 LAKE GENEVA REGION – LAUSANNE

practical information



How to get there:

Lausanne has good connections to all major cities in Switzerland and almost hourly direct trains to France (Paris, 3h 50min.), Italy (Milan, 3h 50min.) and Germany (approx. 5 hours).

1 **At the train station** you'll find the ① **tourist office** (021 613 73 73); lockers, bicycle rental, currency exchange, rest rooms, fast food, small shops and a post office. Lausanne is beautiful but very hilly, so be prepared for some steep walks when discovering Lausanne on foot! The center is a few steps up from the main station at place St. François. 2 **Ouchy**, the port of Lausanne, is a beautiful place. There is another ① **tourist office** at Avenue de Rhodanie 2. @ Internet at Quanta virtual fun space, pl. de la Gare 4; Fleur de Pains, Avenue d'Ouchy 73. Wireless Internet access is available at Flon, Palud, Riponne, St-François, Montbenon, Navigation, Port.

www.lausanne-tourisme.ch
www.lake-geneva-region.ch
www.backpacker.ch



save money

The **Lausanne Transport Card** gives you free and unrestricted access to all public transport services in the city (bus, train, metro). You'll get this card at your hostel. It is valid for the duration of the reservation, including the arrival and departure days!

budget accommodation

3 **Lausanne-guesthouse & backpacker**, Epinettes 4 (021 601 80 00) »»»www.lausanne-guesthouse.ch; 4 **Lausanne Youth Hostel "Jeunotel"**, Chemin du Bois-de-Vaux 36 (021 626 02 22) »»»www.youthhostel.ch/lausanne



save money

10 **Bikes to borrow free of charge!** Pick up at Place de l'Europe, open daily 8 am – 6 pm from April 15th until October 31st. Deposit of CHF 20.– and you need to show your passport or ID card. Great summer deal even though Lausanne is a city of some steep hills.



View of the city of Lausanne

Lausanne resides on the hillside between Lake Geneva below and the woods above, surrounded by meadowland and vineyards, facing the Alps. Lausanne was officially named the Olympic Capital in June 1994, a unique and prestigious title awarded by the International Olympic Committee, headquartered in Lausanne since 1915. Popular with students, Lausanne features numerous private schools and one of the country's largest university campuses, comprising the Federal Institute of Technology (EPFL) and the University of Lausanne. Lausanne has more to offer young people than most Swiss cities: nightlife, bars, bistros, discos... many museums and collections stage more than 50 exhibitions a year, from dinosaurs to contemporary art.

highlights

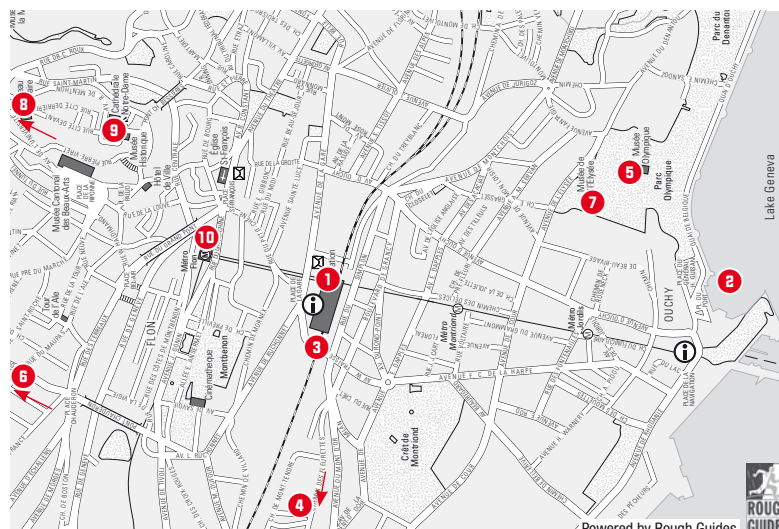
Via the 160 covered steps of the Escaliers du Marché (or by other routes) you reach the **old town**. The peaceful, historic atmosphere of the old town is an invitation to linger. L'hôtel de ville and place du Palud are nice places to take pictures of. And you should not miss seeing Lausanne's **magnificent cathedral** 9 from the 12th century, with its four towers and 105 stained-glass windows. Inaugurated in 2003, the new organ is the only one of its kind in the world by virtue of its design and its dimensions (nearly 7,000 pipes); concerts are held there regularly.

5 **Olympic Museum** on quai d'Ouchy 1, which hosts a great exhibition about the

Olympic movement up to today. This symbol of the union of sports and culture is a universe filled with history and emotion. Open daily 9 am – 6 pm. Admission CHF 15.–, students CHF 10.–. »»»www.olympic.org

6 **Collection de l'Art Brut** at av. des Bergières 11, a special exhibition, which you shouldn't miss. Open Tue – Sun 11 am – 6 pm (during July and August also open on Mon). Admission CHF 10.–, students CHF 5.–. **Free entry every first Sat of the month!**

7 **Musée de l'Élysée** at Avenue de l'Élysée 18, an impressive photo collection. Open Tue – Sun 11 am – 6 pm (Mon closed). Admission CHF 8.–, students CHF 4.–. **Free entry every first Sat of the month!**



8 **Fondation de l'Hermitage** at Route du Signal 2 is housed in a beautiful 19th-century residence and is devoted to holding temporary exhibitions on the fine arts. It's surrounded by a magnificent park! Tue – Sun 10 am – 6 pm, Thu until 9 pm, (Mon closed). Admission CHF 18.–, students CHF 7.–.

The one-time fishing village of **Ouchy** is now a prime territory for waterfront strolling and café-lounging. And all summer long the Ouchy waterfront hosts informal music events (from techno to chamber music to African dance) just about every weekend, and usually free of charge.

Lausanne boasts a **great spectacle for skaters**. Along the lake there are many good places and streets for skaters; in particular, check the **Vidy area** (a kilometer or so west of Ouchy).

Check out Lausanne's **Skatepark HS 36** at av. de Sévelin 36. 1,700m² of indoor wooden facilities: half pipe, mini ramps, bowl (400 m²), street course, climbing wall. Open from Tuesday to Sunday. Equipment rental possible. For more information check out »»»www.fievre.ch. From the train station take the metro to "Flon", from "Flon" take the metro (M1) and get off at the first stop (Vigie).

Boat trips. Lake Geneva is not only a place for sport, leisure and excursions, the stately white boats of the CGN will also take you to Geneva, Vevey, Montreux, Morges, Rolle, Nyon, Evian (in France) and many other ports in Switzerland and France! The boats call regularly at Ouchy. So on your way from Lausanne i.e. to Geneva or Vevey (or vice versa), you can easily take a boat instead of a train and enjoy a relaxing time on this beautiful lake!

There's much more to be explored in the beautiful Lake Geneva Region. Read more about it on the following pages.

events

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|-----------------------------|---|
| April 30th | 20 kilometres of Lausanne. Open cross-country run in the city |
| May 5th – 8th | Carnaval de Lausanne. Various events in the streets of the city centre |
| May 13th – June 16th | Luna Park (merry-go-round and much more) at Place Bellerive, Ouchy |
| June 28th – July 3rd | City festival with music, dance, theatre, jazz and more |
| June 30th | Athletissima 2011. International athletics meeting at La Pontaise Olympic Stadium |
| mid-July – mid-Aug | Open-air film screenings at Lausanne-Bellerive |
| Aug 1st | Swiss National Day, with parties and fireworks everywhere |
| Sep 24th | Museum Night. Events and entertainment at various museums and cultural institutions |
| Sep 29th – Oct 12th | Circus Knie at Place Bellerive in Ouchy |
| Oct 19th – 23rd | Underground film and music festival Lausanne |
| Oct 30th | Lausanne Marathon (42 km through the vineyards overlooking Lake Geneva) |

Markets

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| Mon & Thu | Food market at Boulevard de Grancy (until 1pm only) |
| Wed & Sat | Food market at Place de la Riponne (8 am – 2.30 pm) |
| Thu | Flea markets at Place Chauderon and at Place de la Riponne |
| Sun (April – Sep) | Food market at Allée des Bacounis in Ouchy |
| 1st Fri monthly | Craft market at Place de la Palud |

entertainment, fun & parties

- **MAD** (Rue de Genève 23) is a huge disco. Various styles from rock to rave.
- **Amnésia** (E.-Jaques-Dalcroze 9 at Port de Vidy), big disco, various styles.
- **Atelier Volant** (Côtes de Montbenon 12), enjoy the Latino vibes there.
- **Movida** (Place Chauderon 5), Latino style as well.
- **Loft Club** (place Bel Air 1), techno sound for young people.
- **DI Club** (Place Central), for electronic music and jam sessions.
- **Buzz** (Rue Enning 1), all-style music, warm and electric atmosphere.
- **A La Bossette** (place du Nord 4), nice, almost underground smoky café.
- **Hôtel de Ville** (place de la Palud 10), lovely, small bijou, organic food.
- **Château** (place du Tunnel 1), homemade beer, late nights...
- **Bleu Lézard** (Rue Enning 10), different styles of music, open until late. Sunday brunch.
- **Captain Cook** (Rue Enning 2) is an English Pub.
- **Le Bourg** (Rue de Bourg 51), concerts, one-man-show, projections... This café-theatre invites you to come and have a drink and discover the evening's entertainment.
- **Les Brasseurs** (rue Centrale 4), a beautiful micro-brewery in a décor of wood paneling and copper, dedicated to beer. Brewery specialities.
- **Café Luna** (Place de l'Europe 7), relax in its different atmosphere amid a setting combining designer chic and cosy ambience.
- **Cult Club** (Place Chauderon 18), R&B in a cool club.
- **Point Bar** (Rue de Genève 10), aims to be Lausanne's Little Barcelona... with house, electro, funk and Latino music on weekends.





The GuestHouse



Internet stations



Standard double room



Hang-out room



You room view



Lausanne GuestHouse & Backpacker

Epinettes 4
CH-1007 Lausanne
Tel. +41 21 601 8000
Fax +41 21 601 8001
www.lausanne-guesthouse.ch

Dorm bed starts CHF 36.40
Double starts CHF 106.-
Laundry
Kitchen
Garden with BBQ
WiFi
Free Lausanne Transport Card
Olympic Museum Packages



"In the heart of the Lake Geneva Region"

