



Taking a break from skiing in the Corviglia ski area

**G**rison (Graubünden in German) is one of Switzerland's biggest cantons and hosts many famous resorts, including the Flims-Laax-Falera, St. Moritz, Davos, Klosters, Scuol and many more. Grison attracts skiers and snowboarders to some of the most comprehensive ski resorts of the Alps. All villages and holiday destinations described below are reached by train or postbus from Chur (capital of Grison and only 1 hour by train from Zurich).



### some highlights

Chur is the capital of Grison and only 1 hour and 15 train minutes from Zurich (there are 2 direct trains per hour). All villages and holiday destinations described below are reached by train or post bus from Chur.

#### Flims, Laax, Falera (Surselva)

The linked sports resorts of Flims-Laax-Falera are within easy reach of Chur (just 18 km west on a hillside above the Rhine river). Over the last few winters, this huge winter-sports area, the largest in Grison, with access from all three villages, has become a **mecca for snowboarders**. A total of 29 lift facilities and over 200 kilometers of slopes, located at altitudes between

1,100 and 3,018 meters above sea level, are at your disposal. **Snowboarders and free-skiers go crazy** over the halfpipes, the railpark and the kicker lines in Laax! No other winter resort in Europe has started so early to provide the progressive riders with the playgrounds they need. Three monster pipes and two serious rail and kicker parks are well maintained all season long. Besides the park and pipe you'll discover plenty of avalanche-safe free-ride areas. Broad and very well groomed runs are connected to modern fast lifts and cable cars! By the way, all cable car stations have a New Technology Center (NTC) where you can **rent any equipment!** For more information see »www.laax.com

**How to get to Flims / Laax:** Hourly public buses to Flims / Laax from Chur (approx. 40 min).

**Tourist offices:** in Laax at Via Principale 91 (081 920 81 81), in Flims at Via Nova 62 (081 920 92 00).

#### Budget accommodation:

**Laax:** Backpacker Deluxe Hotel Capricorn, Via Cons 405 (081 921 21 20) »www.caprilounge.ch (get off at Laax-Marcou which is only 100 meters from the hostel; watch out, Laax has 5 differently named bus stops. Ask the driver...)

#### Arosa

Arosa is a relaxing resort at 1,800 m south-east of Chur. Arosa occupies the broad sunny bowl of Schanfigg. The area is frequently sunny and, due to the northerly location, there is always plenty of snow. Arosa has over 60 km of skiing for mixed abilities. The highest skiing point is the Weisshorn at 2,652m. In addition to cross-country skiing, Arosa also features several ice skating rinks (natural and artificial) and tobogganing. Or how about tandem

paragliding? The choice is yours. »www.arosa.ch

**How to get to Arosa:** There are hourly trains from Chur (takes 1 hour).

**Tourist office:** at Poststrasse (081 378 70 20).

**Budget accommodation:** Backpackers Downtown, Seewaldstrasse (081 377 13 97, closed Nov 1st – Dec 4th) »www.downtown-arosa.ch

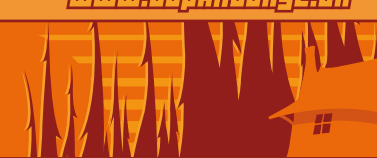
#### Lenzerheide / Valbella

The two linked resorts of Lenzerheide and Valbella (just 30 minutes from Chur) are the ideal places for some chill-out time or the challenge of sport. The two sides of the valley present a snow paradise with 155 kilometres of prepared pistes at snow-guaranteed altitudes of 1,230 to 2,865 metres above sea level. 40 modern ski lifts are available to transport you quickly to varied descents and to sunny panorama terraces and cosy alpine chalets. The departure point is directly before your doorstep. »www.lenzerheide.com

**How to get to Valbella:** Hourly buses from Chur (takes 33 minutes). Bus between

park 'n pipe free-ride resort laax switzerland  
www.laax.com

eat 'n sleep at the backpacker deluxe hostel capricorn  
www.caprilounge.ch



Valbella and Lenzerheide takes only 4 minutes.

**Tourist offices:** at Voa principala 16 in Valbella (081 384 17 55).

**Budget accommodation:** Valbella Youth Hostel, Voa Sartons 41, (081 384 12 08, closed Oct 18th–Dec 14th) »www.youthhostel.ch/valbella

## ! WINTER SPECIAL

**Valbella Youth Hostel offers:**

### Special 1:

During the whole winter Valbella Youth Hostel offers: Overnight accommodation (dorm) incl. breakfast, dinner, ski pass and ski bus (shuttle service). 2 nights (incl. 2-day ski pass) from CHF 175.40; 5 nights (incl. 5-day ski pass) from CHF 418.50.

### Special 2:

Winter start special that includes overnight accommodation (dorm), breakfast, dinner and ski pass. 2 nights CHF 125.40; 3 nights CHF 185.10; 4 nights CHF 238.80; 5 nights CHF 293.50. This offer is valid from Dec 4th–16th 2009 only.

**Notice:** Prices above incl. visitors tax and are for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at Valbella Youth Hostel (081 384 12 08), valbella@youthhostel.ch

## Davos

Davos, located in the heart of the Alps at an altitude of 1,560 m, is famous for its toothpaste-fresh air and the World Economic Forum (held in the last week of January each year). Davos is a 4 km-long strip beside a train line and a river. It comprises two contiguous areas, each with a train



station: Davos Platz and Davos Dorf. Surrounded on all sides by idyllic countryside and breathtaking mountain scenery is Davos, **Europe's highest town**. The area offers over 300 km of ski runs. The Weissfluh ski area goes as high as 2,844 m, and from there you can ski all the way to Küblis, over 2,000 m lower and 12 km away. Across the valley, Brämabüel and Jakobshorn offer equally good skiing for all abilities. »www.davos.ch

**How to get to Davos:** from Chur it takes approx. 1½ h. There are hourly trains and you have to change in Landquart. Or if you're coming from Klosters it takes 26 minutes (hourly trains).

**Tourist office:** at Talstrasse 41 in Davos-Platz and at Bahnhofstrasse 8 in Davos-Dorf (081 415 21 21) »www.davos.ch

**Budget accommodation:** Davos Youthpalace, Horlaubenstrasse 27, Davos-Dorf (081 410 19 20) (with the local bus from Davos Dorf as far as the Schiabach stop). »www.youthhostel.ch/davos

## ! WINTER SPECIAL

**Davos Youthpalace offers:**

**Midweek-Special:** (Mon–Fri) including breakfast, dinner and 5 day ski pass for the Davos-Klosters ski region.

**Dorm with shower and toilet:** Adults from CHF 473.–; youth (14–17) from 411.50.–; children (12–13) from 348.50; children (6–12) from 272.50.



**Double room with shower, toilet, tv and balcony:** Adults from 645.–; youth (14–17) from 583.50.

**Valid:** Nov 29th–Dec 17th 2010, Mar 28th–Apr 22nd 2011.

This offer is also available during high season (Jan 2nd–21st and Feb 28th–Mar 27th), but then it costs a little more (approx. CHF 30.–).

**Notice:** Prices above incl. visitors tax and are for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at Davos Youthpalace (081 410 19 20), davos@youthhostel.ch

## Klosters

Britain's Royals love this ski resort because of its charm. There are 315 km of ski runs in the Davos/Klosters region and the same ski passes are available in Klosters as in Davos. The village also boasts swimming pools and a sports centre with an artificial ice rink. Fifty kilometers of cross-country skiing trails run east from the village. »www.klosters.ch

**How to get to Klosters:** from Chur it takes approx. 1 hour. There are hourly trains and you have to change in Landquart. Or if you're coming from Davos, it takes 26 minutes (hourly trains).

**Tourist office:** at Alte Bahnhofstrasse 6 (081 410 20 20) »www.davosklosters.ch

**Budget accommodation:** Klosters Youth Hostel, "Soldanella" Talstrasse 73, (081 422 13 16, closed Oct 18th–Dec 17th), (a 10-minute walk from Klosters station). »www.youthhostel.ch/klosters

## ! WINTER SPECIAL

**Klosters Youth Hostel offers:**

**Midweek-Special:** 5 overnight accommodation (Mon–Fri) including breakfast, dinner and 5 day ski pass for the Klosters-Davos ski region.

**Dorm:** Adults CHF 480.80; youth (13–17) 411.10; children (6–12) 334.75; children (2–5) 121.25.

**Single or double room** (price per person): Adults CHF 523.30; youth (13–17) 389.80; children (6–12) 377.25; children (2–5) 146.25.

**Valid:** Jan 9th–21st and Mar 13th–25th.

**Notice:** Prices above are incl. visitors tax and for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at Klosters Youth Hostel (081 422 13 16), klosters@youthhostel.ch

## Engadine Valley

St. Moritz, Celerina, Pontresina, Scuol

The Engadine Valley is traditionally Romansh-speaking, although almost everyone also speaks German. The valley is divided into two sections, the Upper Engadine (Oberengadin) and the Lower Engadine (Unterengadin). **St. Moritz** is the main resort in the Upper Engadine. St. Moritz has been one of the world's best known holiday spots for a century or more. This is where the jet set come to play and pose, where social high-flyers, European royalty and international jet set celebrate winter with an endless round of banquets and spectacles on the frozen lake. But do not think that everything here is St. Moritz-style glamour; also as a not-so-rich you can visit. **Celerina** is further away from the hustle, but still close to the action. Regarded as Engadine's sunniest resort, it's located at the heart of the Upper Engadine holiday region, which means that visitors never have far to go whatever their destination. In winter there are three main ski and snowboard sectors, the sunny Corviglia-Piz Nair, the Corvatsch-Furtschellas and the Diavolezza-Lagalp. All are within easy



reach from St. Moritz and Celerina. »www.stmoritz.ch

**How to get to St. Moritz and Celerina:** from Chur with the Rhaetian Railway up to St. Moritz (appr. 2 hrs). There are stops in Celerina and St. Moritz.

**Tourist offices:** in St. Moritz at Via Maistra 12 (081 837 33 33), in Celerina call 081 830 00 11.

**Budget accommodation:**

**In St. Moritz:** St. Moritz Bad Youth Hostel, Via Surpunt 60 (081 836 61 11, closed Oct 18th–Dec 1st) »www.youthhostel.ch/st.moritz

**In Celerina:** Hotel "Alte Brauerei", Via Maistra 60 (081 832 18 74) »www.alte-brauerei.ch

## ! WINTER SPECIAL

**St. Moritz Bad Youth Hostel offers:**

**Top hit for snowboarders or skiers:** overnight accommodation including half-board, visitors tax, ski pass for the whole region (57 lift facilities) and ski bus.

**Dorm (4-beds)/double room**

2 nights and a 2-day ski pass CHF 203.–/229.–  
3 nights and a 3-day ski pass CHF 302.–/340.–  
5 nights and a 4-day ski pass CHF 452.–/518.–  
7 nights and a 6-day ski pass CHF 612.–/700.–

**Valid:** Dec 4th–23rd 2010, Jan 8th–Feb 1st 2011 and Mar 19th–April 21st.

**Notice:** Prices above incl. visitors tax and are for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at St. Moritz Bad Youth Hostel (081 836 61 11), st.moritz@youthhostel.ch

Just 10 train-minutes southeasterly from St. Moritz at the mouth of the Val Bernina lies **Pontresina**. Cross-country ski fans and walkers can undertake a host of unforgettable excursions around Pontresina. And south of this typical mountain village stretches the multi-faceted ski area of Diavolezza/Lagalp, with the longest glacier run in Switzerland. This is a paradise for skiers and snowboarders. »www.pontresina.ch

**How to get to Pontresina:** the hourly trains from Chur take 2 hours and you have to change in Samedan. From St. Moritz it's just 10 minutes by train (or 18 minutes by bus).

**Tourist office:** at Kongresszentrum Rondo (081 838 83 00) »www.pontresina.ch

**Budget accommodation:** Pontresina Youth Hostel, "Cuntschett", Via da la Staziun 46 (081 842 72 23). The hostel is next to the railway and bus station. »www.youthhostel.ch/pontresina





Laax is a mecca for snowboarders and free skiers

## ! WINTER SPECIAL

### Pontresina Youth Hostel offers:

**Top hit for snowboarders or skiers:** overnight accommodation including half-board, visitors tax, ski pass for the whole region (57 lift facilities) and ski bus.

#### Dorm (4-beds)/double room

2 nights and a 2-day ski pass CHF 204.–/234.–  
3 nights and a 3-day ski pass CHF 303.–/348.–  
4 nights and a 4-day ski pass CHF 378.–/438.–  
5 nights and a 5-day ski pass CHF 449.–/524.–  
6 nights and a 6-day ski pass CHF 528.–/618.–  
7 nights and a 6-day ski pass CHF 603.–/708.–

**Valid:** Until Dec 23rd 2010 and Jan 8th 2011–Feb 11th and Mar 19th–31st.

**Notice:** Prices above are incl. visitors tax and for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at Pontresina Youth Hostel (081 842 72 23), [pontresina@youthhostel.ch](mailto:pontresina@youthhostel.ch)

Spread-out **Scuol** (1,250 m) is the main resort in the Lower Engadine. It's a health spa, and there are around 25 mineral springs in the vicinity. Lower Scuol is well worth a wander; it has some incredibly quaint Engadine dwellings and cobbled squares. The alpine skiing area of Motta Naluns (2,146 m, with lifts up to 2,800 m) is within easy reach of the village. The new 8-seater gondola here (in service since Dec

12th 2010) can carry up to 2800 people per hour and the youth hostel is just 2 minutes from this gondola. The ski area offers 80 km of magical slopes, a snow park with super pipe, spacious diverse free ride areas, 4 km of sledding track from Priu to Ftan, sunny winter walking paths and much more. »»www.scuol.ch

**How to get to Scuol:** Hourly trains from Chur to Scuol-Tarasp (takes 2 hrs).

**Tourist office:** at Stradun (beside the post office; 081 861 22 22).

**Budget accommodation:** Scuol Youth Hostel, Prà da faira, (081 862 31 31, closed Oct 25th–Dec 10th). »»www.youthhostel.ch/scuol

## ! WINTER SPECIAL

### Scuol Youth Hostel offers:

Overnight accommodation including bed-sheets, breakfast, dinner and ski pass.

**4 nights** incl. 3 day ski pass: dorm (4 beds) from CHF 324.–, double 389.40

**5 nights** incl. 4 day ski pass: dorm (4 beds) from 393.25, double 469.75

**6 nights** incl. 5 day ski pass: dorm (4 beds) from 457.40, double 543.80

**Valid** from Dec 10th–19th 2010, from Jan 9th–21st 2011 and March 13th–Apr 3rd.

**Notice:** Prices above are incl. visitors tax and for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

**Bookings** at Scuol Youth Hostel (081 862 31 31), [scuol@youthhostel.ch](mailto:scuol@youthhostel.ch)

## Sta. Maria Val Müstair

Between the upper and the lower Engadine lies Zernez from where the main road goes over the Ofen Pass (2,149 m) into the idyllic **Val Müstair** and leads then into **Italy**. This route is covered by postal bus (six to nine

departures a day). **Santa Maria** is the main village of the Val Müstair and has a nice Gothic church. You'll find cross-country ski slopes across the whole valley, winter foot-paths and natural ice rinks offer fun and relaxation, and the Minschuns ski area on the Ofen Pass offers skiers everything they could wish for. »»www.val-muestair.ch

**How to get to Santa Maria:** the hourly trains from Chur to Zernez take 1 h 45 minutes and you have to change in Saglians. From Zernez to Santa Maria the bus takes 1 hour.

**Tourist office:** at the main road (081 858 57 27).

**Budget accommodation:** Santa Maria in Müstair Youth Hostel, Chasa Plaz, (081 858 56 61, closed Oct 17th–Dec 25th), »»www.youthhostel.ch/sta.maria

## ! WINTER SPECIAL

### Santa Maria Youth Hostel offers:

**Snow-shoe weekends** incl. 2 overnight accommodation, breakfast, dinner (on Saturday), 1 guided snowshoe tour, transport etc.

Dorm CHF 176.–; double room 199.60 (p/p).

**Valid** Jan 14th–16th; Feb 11th–13th and Feb 25th–27th. Equipment rental possible.

**Snow-shoe week** incl. 6 overnight accommodation, breakfast, dinner, 5 guided snowshoe tours, transport etc.

Dorm CHF 634.80; double room 704.80 (p/p).

**Valid** Jan 23rd–29th; Feb 27th–Mar 5th. Equipment rental possible.

**Notice:** Prices above incl. visitors tax and are for HI-members only. There's a surcharge of CHF 6.– per night for non HI-members (families CHF 12.–/night).

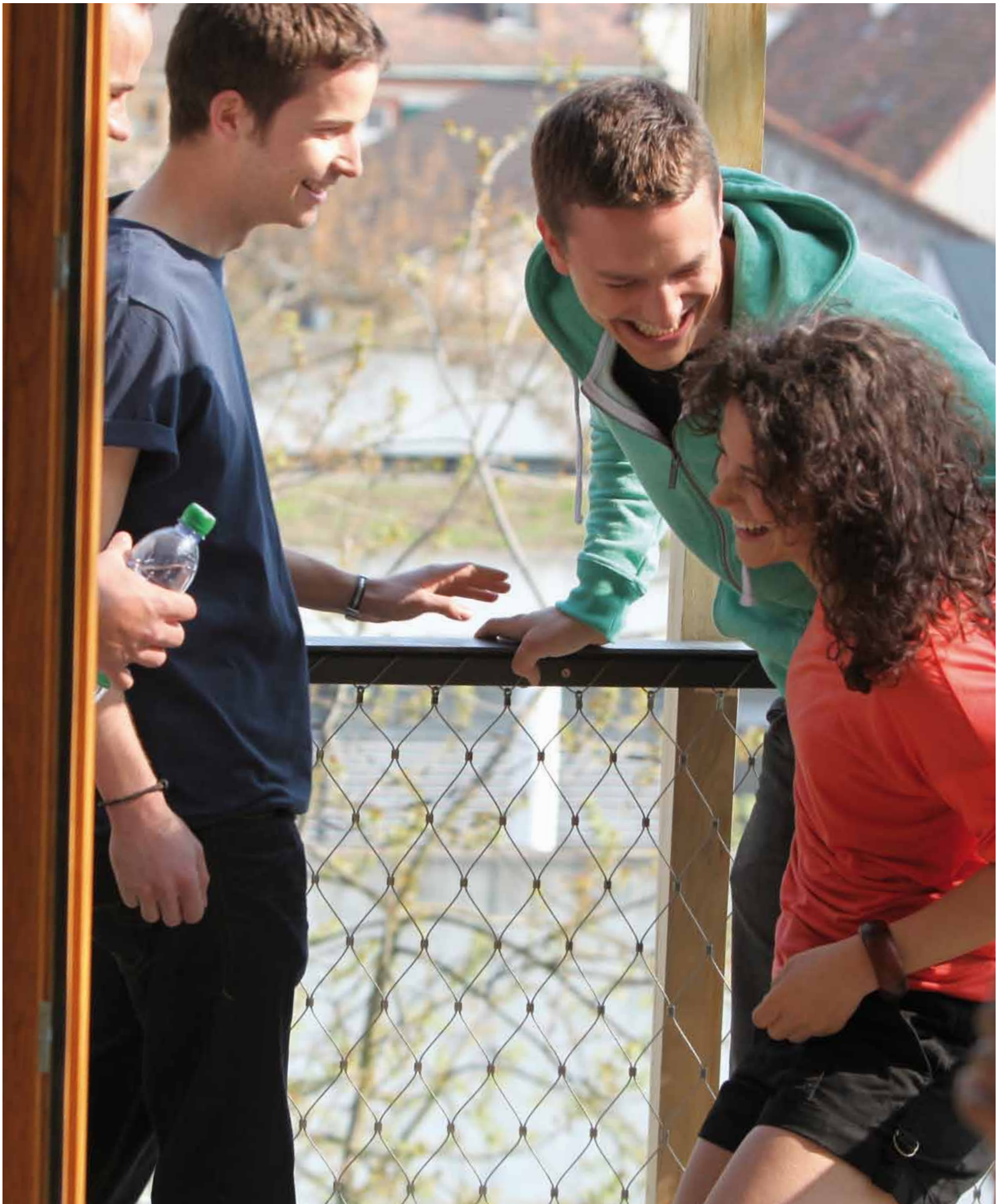
**Bookings** at Sta. Maria i.M. Youth Hostel (081 858 56 61), [sta.maria@youthhostel.ch](mailto:sta.maria@youthhostel.ch)

## events

<b>Dec 2nd–12th</b>	Comedy Festival <b>Arosa</b>
<b>Dec 26th–31st</b>	84th annual Spengler Cup <b>Davos</b> . Ice hockey at its best
<b>Dec 31st</b>	New Year's Eve parties everywhere
<b>Jan 2nd–8th</b>	Annual O'Neill Evolution <b>Davos</b> . World Snowboard Tour Event
<b>Jan 8th–15th</b>	Burton European Open, <b>Laax</b> . Europe's biggest and most important snowboarding event. The open competition, with up to 400 participants, promises eight days of the finest freestyle. And in the evening international live acts will be taking to the stage in the Riders Palace.
<b>Jan 27th–30th</b>	"Polo on snow", Polo World Cup on the frozen lake of <b>St. Moritz</b>
<b>Jan 28th–Feb 5th</b>	Freeride Engadinshow <b>St. Moritz</b> (Corvatsch).
<b>Feb 18th</b>	Art on Ice, <b>St. Moritz</b>
<b>Feb 11th &amp; 12th</b>	Ice Gala <b>Davos</b> . World-class figure skating
<b>Mar 1st–5th</b>	European Freeski Open, <b>Laax</b> . The best freeskiing athletes in the whole world show what they're made of in the slopestyle and half-pipe freestyle categories
<b>Mar 19th</b>	Beni's International Volks-Super-G <b>Laax</b> . Whether professional or amateur – everyone's allowed to take part. Plus the Super-G party promises to really kick off

For further events ask at your hostel or at the local tourist offices





**Swiss Youth  
Hostels**

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